

The Cheltenham Chase Health Club

Swimming Pool Timetable

Day	Time	Pool Activity
Monday	06:30 – 08:45	General swimming
	08:45 – 09:30	Aqua Aerobics (pool closed)
	09:30 – 16:00	General swimming
	16:00 – 18:00	General swimming & swimming lessons
	18:00 – 20:45	General swimming
Tuesday	06:30 – 08:45	General swimming
	08:45 – 10:15	General swimming & swimming lessons
	10:15 – 17:15	General swimming
	17:15 – 18:00	Aqua Aerobics (pool closed)
	18:00 – 20:45	General swimming
Wednesday	06:30 – 09:30	General swimming
	09:30 – 10:15	Aqua Aerobics (pool closed)
	10:15 – 16:00	General swimming
	16:00 – 18:00	General swimming & swimming lessons
	18:00 – 20:45	General swimming
Thursday	06:30 – 08:45	General swimming
	08:45 – 10:15	General swimming & swimming lessons
	10:15 – 16:00	General swimming
	16:00 – 18:00	General swimming & swimming lessons
	18:00 – 20:45	General swimming
Friday	06:30 – 08:45	General swimming
	08:45 – 10:15	General swimming & swimming lessons
	10:15 – 20:45	General swimming
Saturday	08:00 – 18:45	General swimming Children swim times 08:30 – 11:00 and 15:00 – 18:00
Sunday	08:00 – 18:45	General swimming Children swim times 08:30 – 11:00 and 15:00 – 18:00

*Swimming lessons use one lane. The remainder of the pool is available for general swimming.

*Pool is closed during Aqua Aerobics

Children's Swim Times

Monday - Friday 08:00 – 18:00

Saturday - Sunday 08:30 – 11:00 and 15:00 – 18:00

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