

## Swimming Pool Timetable The Cheltenham Chase Health Club

Day	Time	Activity
<b>Monday</b>	06:30 – 10:35 10:35 – 11:20 11:20 – 16:00 16:00 – 18:00 18:00 – 20:45	General swimming Aqua Aerobics General swimming Puddle Ducks General swimming
<b>Tuesday</b>	06:30 – 09:35 09:35 – 11:00 11:00 – 12:00 12:00 – 12:45 12:45 – 15:00 15:00 – 16:00 16:00 – 20:45	General swimming Turtle Tots General swimming Aqua Aerobics General swimming Water Babies General swimming
<b>Wednesday</b>	06:30 – 09:30 09:30 – 10:15 10:15 – 11:30 11:30 – 14:00 14:00 – 20:45	General swimming Aqua Aerobics General swimming Turtle Tots General swimming
<b>Thursday</b>	06:30 – 09:30 09:30 – 11:00 11:00 – 15:30 16:00 – 18:00 17:30 – 20:45	General swimming Turtle Tots General swimming Puddle Ducks General swimming
<b>Friday</b>	06:30 – 08:45 08:45 – 11:45 11:45 – 20:45	General swimming Turtle Tots General swimming
<b>Saturday</b>	08:00 – 18:45	General swimming
<b>Sunday</b>	08:00 – 18:45	General swimming

\*Puddle Ducks / \*Water Babies / \*Turtle Tots use one swimming lane. The remainder of the pool is available for general swimming.

### Children's Swim Times

Monday - Friday

08:00 – 18:00

Saturday - Sunday

08:30 – 11:00 and 15:00 – 18:00

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