

# The Cheltenham Chase Health Club & Spa

## Swimming Pool Timetable

Day	Time	Pool Activity
<b>Monday</b>	06:30 – 08:45	General swimming
	08:45 – 09:30	Aqua Aerobics (pool closed)
	09:30 – 16:00	General swimming
	16:00 – 18:00	General swimming & swimming lessons
	18:00 – 20:45	General swimming
<b>Tuesday</b>	06:30 – 08:45	General swimming
	08:45 – 10:15	General swimming & swimming lessons
	10:15 – 12:00	General swimming
	12:00 – 12:45	Aqua Aerobics (pool closed)
	12:45 – 17:30	General swimming
	17:30 – 18:15	Aqua Aerobics (pool closed)
<b>Wednesday</b>	18:15 – 20:45	General swimming
	06:30 – 09:30	General swimming
	09:30 – 10:15	Aqua Aerobics (pool closed)
	10:15 – 16:00	General swimming
	16:00 – 18:00	General swimming & swimming lessons
<b>Thursday</b>	18:00 – 20:45	General swimming
	06:30 – 08:45	General swimming
	08:45 – 10:15	General swimming & swimming lessons
	10:15 – 16:00	General swimming
	16:00 – 18:00	General swimming & swimming lessons
<b>Friday</b>	18:00 – 20:45	General swimming
	06:30 – 08:45	General swimming
	08:45 – 10:15	General swimming & swimming lessons
<b>Saturday</b>	10:15 – 20:45	General swimming
	08:00 – 18:45	General swimming Children swim times 08:30 – 11:00 and 15:00 – 18:00
<b>Sunday</b>	08:00 – 18:45	General swimming Children swim times 08:30 – 11:00 and 15:00 – 18:00

\*Swimming lessons use one lane. The remainder of the pool is available for general swimming.

\*Pool is closed during Aqua Aerobics

### Children's Swim Times

Monday - Friday	08:00 – 18:00
Saturday - Sunday	08:30 – 11:00 and 15:00 – 18:00

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**CHELTENHAM CHASE**  
HOTEL & SPA

THE QHOTELS COLLECTION